

DDAT open: Session: 1: COACH evaluation sheet for TEAM: ZCK

Coachinfo: Warming up from: 13:00 untill . Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Van den Brande Liesbeth HEADCOACH

Coaches: Brugghemans Suzanne

Coaches: Van Den Broeck Michaël

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 100M MEDLEY MIXED 10-9					Heat:2, starttime: 14:33
Heat: 2/2 Lane : 3 Athlete: SEGHERS MILLA					Q-time: 01:29:86
PB (25m pool): 01:29.86 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.23		01:29.86	
	00:42.23		00:47.63		
					

Coach feedback:

Event number: 1: 100M MEDLEY MIXED 10-9					Heat:2, starttime: 14:33
Heat: 2/2 Lane : 4 Athlete: VAN DEN EYNDE PAULIEN					Q-time: 01:41:58
PB (25m pool): 01:41.58 Tienen 26/10/2025 PB (50m pool): no time SB: 01:41.58 Tienen 26/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:41.58	
	no time				
					

Coach feedback:

Event number: 3: 800M FREESTYLE MEN 11+							Heat:1, starttime: 14:48
Heat: 1/1 Lane : 2 Athlete: LAUWENS FINN							Q-time: 11:57:66
PB (25m pool): 11:57.66 Meise 02/11/2025 PB (50m pool): no time SB: 11:57.66 Meise 02/11/2025							
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M
PB	00:41.27	01:26.86	no time	02:58.34	no time	no time	no time
	00:41.27	00:45.59					
							
	4 5 0 M	5 0 0 M	5 5 0 M	6 0 0 M	6 5 0 M	7 0 0 M	7 5 0 M
PB	no time	no time	no time	no time	no time	no time	no time
							

Coach feedback:

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Event number: 4: 200M BACKSTROKE WOMEN 11+							Heat:3, starttime: 15:09	
Heat: 3/6 Lane : 1 Athlete: SCHAERLAEKEN LANA							Q-time: 03:30:35	
PB (25m pool): 03:30.35 Kapelle-op-den-Bos 21/09/2025				PB (50m pool): no time SB: 03:30.35 Kapelle-op-den-Bos 21/09/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:47.31		01:39.29		no time		03:30.35
	00:47.31		00:51.98					
								

Coach feedback:

Event number: 4: 200M BACKSTROKE WOMEN 11+							Heat:3, starttime: 15:09	
Heat: 3/6 Lane : 3 Athlete: DE SITTER KIRA							Q-time: 03:16:16	
PB (25m pool): 03:16.16 Kapelle-op-den-Bos 22/09/2024				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		03:16.16
	no time							
								

Coach feedback:

Event number: 4: 200M BACKSTROKE WOMEN 11+							Heat:3, starttime: 15:09	
Heat: 3/6 Lane : 4 Athlete: SCHAERLAEKEN NOOR							Q-time: 03:22:78	
PB (25m pool): 03:22.78 Kapelle-op-den-Bos 22/09/2024				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		03:22.78
	no time							
								

Coach feedback:

Event number: 4: 200M BACKSTROKE WOMEN 11+							Heat:5, starttime: 15:17	
Heat: 5/6 Lane : 3 Athlete: VERSPECHT KAAT							Q-time: 02:47:95	
PB (25m pool): 02:47.95 Leuven 12/10/2025			PB (50m pool): 02:52.20SB: 02:47.95 Leuven 12/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.04		01:21.43		02:06.09		02:47.95
	00:39.04		00:42.39		00:44.66		00:41.86	
								

Coach feedback:

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Event number: 4: 200M BACKSTROKE WOMEN 11+							Heat:6, starttime: 15:20	
Heat: 6/6 Lane : 2 Athlete: VERSPECHT LIEN							Q-time: 02:37:15	
PB (25m pool): 02:37.15 Leuven 12/10/2025				PB (50m pool): 02:45.26 SB: 02:37.15 Leuven 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.26		01:14.31		01:55.35		02:37.15
	00:35.26		00:39.05		00:41.04		00:41.80	
								

Coach feedback:

Event number: 5: 200M FREESTYLE MEN 11+							Heat:4, starttime: 15:35	
Heat: 4/5 Lane : 5 Athlete: VERSPECHT KOBE							Q-time: 02:23:25	
PB (25m pool): 02:23.25 Kapelle-op-den-Bos 21/09/2025				PB (50m pool): 02:30.20SB: 02:23.25 Kapelle-op-den-Bos 21/09/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:31.63		01:07.80		no time		02:23.25
	00:31.63		00:36.17					
								

Coach feedback:

Event number: 5: 200M FREESTYLE MEN 11+							Heat:5, starttime: 15:38	
Heat: 5/5 Lane : 3 Athlete: VAN HUMBEECK SEAN							Q-time: 01:56:06	
PB (25m pool): 01:56.06 Gent(Sint-Amandsberg) 11/11/2024 PB (50m pool): 02:01.44SB: 01:57.43 Gent 09/11/2025								
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:26.96		00:56.52		01:26.47		01:56.06
	00:26.96		00:29.56		00:29.95		00:29.59	
								

Coach feedback:

Event number: 7: 200M BREASTSTROKE WOMEN 11+							Heat:1, starttime: 15:43	
Heat: 1/3 Lane : 2 Athlete: REYNIERS SINNE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

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Event number: 7: 200M BREASTSTROKE WOMEN 11+							Heat:2, starttime: 15:48	
Heat: 2/3 Lane : 2 Athlete: VAN HOOMISSEN CHELSEA							Q-time: 03:27:11	
PB (25m pool): 03:27.11 Liedekerke 01/05/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:48.28		01:41.83		no time		03:27.11
	00:48.28		00:53.55					
								

Coach feedback:

Event number: 7: 200M BREASTSTROKE WOMEN 11+							Heat:2, starttime: 15:48	
Heat: 2/3 Lane : 3 Athlete: NUYTKENS MARIE							Q-time: 03:24:17	
PB (25m pool): 03:24.17 Liedekerke 01/05/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:46.78		01:39.85		no time		03:24.17
	00:46.78		00:53.07					
								

Coach feedback:

Event number: 7: 200M BREASTSTROKE WOMEN 11+							Heat:2, starttime: 15:48	
Heat: 2/3 Lane : 4 Athlete: TAJEDDINE INES							Q-time: 03:24:37	
PB (25m pool): 03:24.37 Liedekerke 01/05/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:47.20		01:39.47		no time		03:24.37
	00:47.20		00:52.27					
								

Coach feedback:

Event number: 8: 100M BUTTERFLY MEN 11+					Heat:1, starttime: 16:11
Heat: 1/2 Lane : 3 Athlete: DE ROOS KASPER				Q-time: 01:25:31	
PB (25m pool): 01:25.31 Zaventem 15/07/2025			PB (50m pool): 01:26.90SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.58		01:25.31	
	00:37.58		00:47.73		
					

Coach feedback:

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Event number: 8: 100M BUTTERFLY MEN 11+					Heat:2, starttime: 16:13
Heat: 2/2 Lane : 4 Athlete: VAN HUMBEECK SEAN					Q-time: 01:06:07
PB (25m pool): 01:02.21 Zwevegem 02/10/2022					PB (50m pool): 01:05.47 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:02.21	
	no time				
					

Coach feedback:

Event number: 8: 100M BUTTERFLY MEN 11+					Heat:2, starttime: 16:13
Heat: 2/2 Lane : 5 Athlete: VERSPECHT KOBE					Q-time: 01:21:59
PB (25m pool): 01:21.59 Gent 23/02/2025					PB (50m pool): no time SB: 01:25.06 Liedekerke 11/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.53		01:21.59	
	00:35.53 00:46.06				
					

Coach feedback:

Event number: 9: 100M BUTTERFLY WOMEN 11+					Heat:1, starttime: 16:15
Heat: 1/2 Lane : 3 Athlete: SCHAEERLAEKEN NOOR					Q-time: 01:47:12
PB (25m pool): 01:47.12 Liedekerke 03/11/2024					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:48.50		01:47.12	
	00:48.50 00:58.62				
					

Coach feedback:

Event number: 9: 100M BUTTERFLY WOMEN 11+					Heat:2, starttime: 16:18
Heat: 2/2 Lane : 4 Athlete: VERSPECHT LIEN					Q-time: 01:16:74
PB (25m pool): 01:16.74 Gent 23/02/2025					PB (50m pool): 01:19.08 SB: 01:17.11 Liedekerke 11/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.07		01:16.74	
	00:34.07 00:42.67				
					

Coach feedback:

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Event number: 10: 100M BACKSTROKE MIXED 10-9					Heat:2, starttime: 16:22
Heat: 2/3 Lane : 4 Athlete: VAN DEN EYNDE PAULIEN					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 10: 100M BACKSTROKE MIXED 10-9					Heat:3, starttime: 16:24
Heat: 3/3 Lane : 4 Athlete: SEGHERS MILLA					Q-time: 01:28:22
PB (25m pool): 01:28.22 Tienen 26/10/2025 PB (50m pool): 01:49.32 SB: 01:28.22 Tienen 26/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.79		01:28.22	
	00:43.79		00:44.43		
					

Coach feedback:

Event number: 12: 400M MEDLEY WOMEN 11+						Heat:1, starttime: 16:39		
Heat: 1/2 Lane : 1 Athlete: NUYTKENS MARIE						Q-time: 99:99:99		
PB (25m pool): no time PB (50m pool): no time SB: no time								
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

Coach feedback:

DDAT open: Session: 1: COACH evaluation sheet for TEAM: ZCK

Event number: 12: 400M MEDLEY WOMEN 11+							Heat:1, starttime: 16:39	
Heat: 1/2 Lane : 5 Athlete: VERSPECHT KAAAT							Q-time: 06:46:62	
PB (25m pool): 06:46.62 Dilbeek 12/05/2024				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:46.62
								

Coach feedback:

Event number: 12: 400M MEDLEY WOMEN 11+							Heat:2, starttime: 16:46	
Heat: 2/2 Lane : 1 Athlete: VAN HOOMISSEN CHELSEA							Q-time: 06:10:06	
PB (25m pool): 06:10.06 Vilvoorde 18/05/2025			PB (50m pool): no time SB: 06:16.03 Leuven 12/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:27.57		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:10.06
								

Coach feedback:

Event number: 13: 200M BACKSTROKE MEN 11+							Heat:3, starttime: 17:01	
Heat: 3/3 Lane : 1 Athlete: DE ROOS KASPER							Q-time: 02:54:26	
PB (25m pool): 02:54.26 Sinbad 22/07/2025				PB (50m pool): no time SB: 02:54.28 Leuven 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:42.03		01:26.94		no time		02:54.26
	00:42.03		00:44.91					
								

Coach feedback:

DDAT open: Session: 1: COACH evaluation sheet for TEAM: ZCK

Event number: 14: 200M FREESTYLE WOMEN 11+							Heat:1, starttime: 17:04	
Heat: 1/6 Lane : 3 Athlete: REYNIERS SINNE							Q-time: 03:25:79	
PB (25m pool): 03:25.79 Kapelle-op-den-Bos 21/09/2025				PB (50m pool): 03:39.60SB: 03:25.79 Kapelle-op-den-Bos 21/09/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:44.91		01:38.26		no time		03:25.79
	00:44.91		00:53.35					
								

Coach feedback:

Event number: 14: 200M FREESTYLE WOMEN 11+							Heat:2, starttime: 17:09	
Heat: 2/6 Lane : 3 Athlete: TAJEDDINE INES							Q-time: 03:00:98	
PB (25m pool): 03:00.98 Vilvoorde 18/05/2025				PB (50m pool): 03:09.52SB: 03:08.81 Kapelle-op-den-Bos 21/09/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:42.77		01:28.77		no time		03:00.98
	00:42.77		00:46.00					
								

Coach feedback:

Event number: 14: 200M FREESTYLE WOMEN 11+							Heat:3, starttime: 17:13	
Heat: 3/6 Lane : 1 Athlete: SCHAERLAEKEN LANA							Q-time: 02:58:90	
PB (25m pool): 02:58.90 Bastogne 06/04/2025				PB (50m pool): no time SB: 03:10.58 Kapelle-op-den-Bos 21/09/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.85		01:26.59		02:13.15		02:58.90
	00:40.85		00:45.74		00:46.56		00:45.75	
								

Coach feedback:

Event number: 14: 200M FREESTYLE WOMEN 11+							Heat:4, starttime: 17:16	
Heat: 4/6 Lane : 5 Athlete: DE SITTER KIRA							Q-time: 02:46:22	
PB (25m pool): 02:46.22 Kapelle-op-den-Bos 21/09/2025				PB (50m pool): no time SB: 02:46.22 Kapelle-op-den-Bos 21/09/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.96		01:19.81		no time		02:46.22
	00:36.96		00:42.85					
								

Coach feedback:

DDAT open: Session: 1: COACH evaluation sheet for TEAM: ZCK

Event number: 15: 200M BREASTSTROKE MEN 11+							Heat:2, starttime: 17:30	
Heat: 2/3 Lane : 5 Athlete: LAUWENS FINN							Q-time: 03:49:95	
PB (25m pool): 03:49.95 Liedekerke 01/05/2025							PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:53.38		01:52.45		no time		03:49.95
	00:53.38		00:59.07					
								

Coach feedback: